

# February is Heart Month

are you taking care of yours?

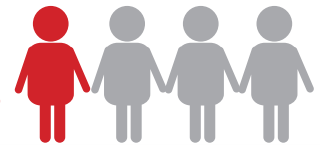


Every **43 seconds** someone in the US  
*suffers from a heart attack*



1 in every 5 Americans suffers from  
*heart disease*

1 in every 4 people die from  
*heart disease*



heart disease makes you 4 times more likely to  
*suffer from a stroke*

Source: Centers for Disease Control and Prevention

## The Pharmacist can help prevent or lower your risk!

- ♥ Education
- ♥ Medication Synchronization
- ♥ Smoking Cessation

- ♥ Diabetes Management
- ♥ Nutrition Counseling
- ♥ And More!

***A healthy heart is a happy heart***